

CAPE PENINSULA

Cape Peninsula South Africa
Cape Town



THE CASTLE GATEWAY

HOLIDAY HAUNTS

The Marine Hotel

AT

Camp's Bay

STANDS UNRIVALLED FOR

Comfort, Cuisine and Cleanliness.

**It is surrounded by Extensive Grounds,
it overlooks the Sea Front, and has a
background of Pine Woods.**

**Camp's Bay is unique as a Watering Place.
It has a Warmed Sea Water Children's
Paddling Pool, a Warmed Sea Water
Swimming Bath, and a fine Bathing
Pavilion with Open Sea Bathing.**

**Write the Secretary of the Cape Marine
Suburbs re the Camping Scheme.**

P.O. BOX 787

CAPE TOWN.

Cape Peninsula Holiday Haunts

An Illustrated Brochure
· Descriptive of the ·
Cape Peninsula as a
· · Holiday Resort · ·



GRATIS

Issued by the Cape Peninsula Publicity Association under
the auspices of the Corporation of the City of Capetown.

VISITORS' BUREAU, LOWER ADDERLEY STREET, CAPETOWN, JULY, 1918

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TABLE BAY.

THE CAPE PENINSULA PUBLICITY ASSOCIATION.

PRESIDENT:
THE MAYOR OF CAPETOWN.

OFFICE:
VISITORS' BUREAU, LOWER ADDERLEY STREET.

THIS Association of Citizens, desirous of assisting the visitor to enjoy his stay in the Cape Peninsula, has provided a Visitors' Bureau in Adderley Street, where Guide Books, Maps, and Hotel Accommodation Registers can be obtained free. The Association invites correspondence from intending visitors, and the advice and services of the staff are at the disposal of visitors entirely free of charge. A reading, writing and rest room is attached to the Bureau. At the end of this booklet is a catalogue of the brochures issued by the Association, and the reader is invited to apply for copies of these.

INDEX.

Chapter	I. Introductory	-	-	-	-	Page 5
"	II. In Old Capetown	-	-	-	-	" 7
"	III. The Modern City	-	-	-	-	" 13
"	IV. Some Attractions	-	-	-	-	" 17
"	V. Table Mountain	-	-	-	-	" 33
"	VI. Groote Schuur	-	-	-	-	" 35
"	VII. Camp's Bay	-	-	-	-	" 41
"	VIII. The Southern Suburbs	-	-	-	-	" 45
"	IX. Muizenberg	-	-	-	-	" 51
"	X. When to Visit the Cape Peninsula	-	-	-	-	" 58
"	XI. Resorts worth Visiting	-	-	-	-	" 60
"	XII. The Railway Journey	-	-	-	-	" 62
"	XIII. Rambles in the Cape Peninsula	-	-	-	-	" 63
Suburban Tram Fares	-	-	-	-	-	" 64
Suburban Train Fares	-	-	-	-	-	" 65
Recommended Motor Trips	-	-	-	-	-	" 65
Map of the District	-	-	-	-	-	" 66
Index to Advertisers	-	-	-	-	-	" 67
Sunshine and Rainfall Statistics	-	-	-	-	-	" 70
List of Publicity Association Brochures	-	-	-	-	-	" 87

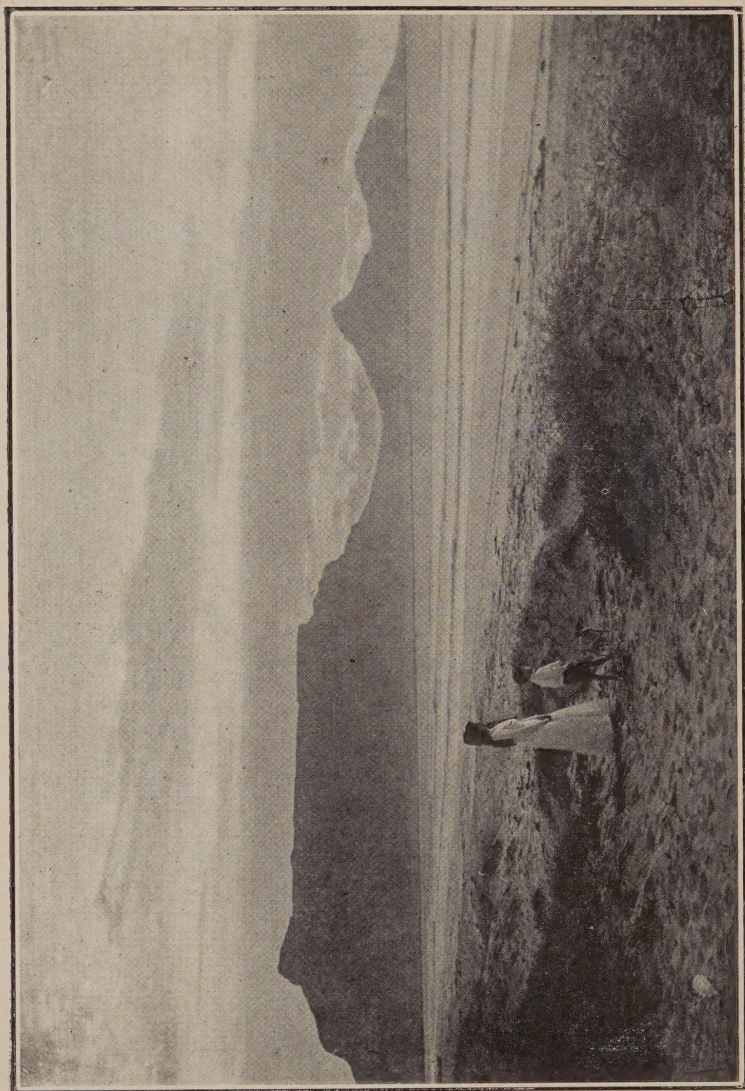
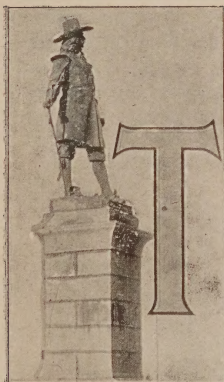


TABLE MOUNTAIN FROM MILNERTON.



INTRODUCTORY.

CHAPTER I.



"For beauty of scenery and excellence of climate,
Capetown approaches perfection."

LORD RANDOLPH CHURCHILL.

THE historic associations of the Cape Peninsula may be insignificant compared with those of Rome, the mountains small compared with the Alps, the society less distinguished than that of Egypt in winter, the functions less brilliant than on the Riviera. But Rome has not the climate, Egypt the mountains, Switzerland the southern luxuriance, or the Riviera the romantic past of the Cape Peninsula. The climate, social and historic attractions of the Cape Peninsula taken singly may be surpassed; but taken together they form what is probably a unique combination and the scenery is unsurpassed in any part of the world. There is nothing like it elsewhere in South Africa, nothing so old, so carefully and tastefully conserved, so variedly charming, so powerful not only to delight but to elevate and instruct; and little overseas that on the whole excels or even equals the Cape Peninsula, because little that is so vividly beautiful in itself or so unimpaired by climate.

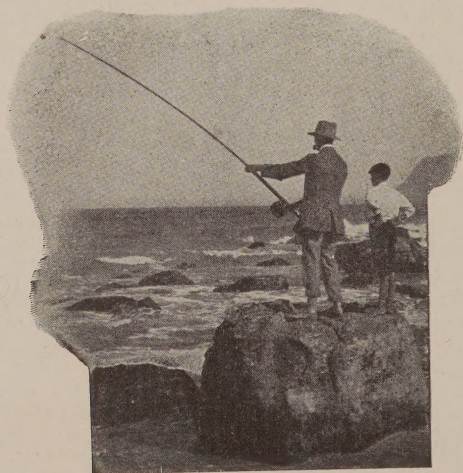
That the attractions of the Cape Peninsula do not draw as noble assemblies and prompt as great social magnificence as those of Europe is therefore attributable, not to their inferiority, but to the fact that they are further from the European capitals.

South Africans have consequently little need to go abroad for their long vacations. An occasional sojourn overseas will of course always be inevitable if only for the broadening effect which foreign

travel has; but it should be remembered that we have the essentials for a perfect holiday within our own borders.

All in the pursuit of happiness will find the Cape Peninsula a boon. It is an ideal place for a holiday or permanent residence. There the human interest and enviroing beauty are varied sufficiently to make an almost universal appeal. There through the centuries has been husbanded and enhanced what Nature in the first place arranged so delightfully. There most of what was picturesque and glowing in South African history happened or had its inception; and there, accordingly, between the stately mountain ranges and circling southern oceans, beneath sunny skies, amid a verdure rich even for the South yet having the healing wholesomeness of the temperate zone, we have the repository of most of what is best in South Africa.

It is a national repository, and in it will be found something to please every disposition. Tastes of course differ according to temperament and mood. What appeals to one may not appeal to another. What pleases to-day may weary to-morrow. Many otherwise excellent resorts consequently tend to pall on ripened acquaintance, as they lack the variety of scenery and entertainment essential to sustain flagging interest by exciting continuous enjoyment. But in the Cape Peninsula visitors will find all they desire, whether their object be gaiety and an animated time, or calm quiet enjoyment.





IN OLD CAPETOWN.

CHAPTER II.

"Shown an old castle or battlefield, and I was at home at once, filled it with its combatants and their proper costumes."

SIR WALTER SCOTT.



ANY cities excel Capetown in population, wealth, and architectural pretension, but few equal it for stateliness or romantic charm. It has the glow of the South, the gay vivacity of many picturesque races, the warm rich colouring of sumptuous foliage and wonderful atmospheric effects which in their season

tinge the mountain background bronze and purple and turn the sunny seas deep blue. It is a delightful city in surroundings of unsurpassed splendour—a fitting stage for a romantic past.

Such a past Capetown has had, and from it much has descended to give the city the dignified repose which only age can bring. It has an air of antiquity which in these smooth times recalls with peculiar charm the stir of cruder but livelier days when Capetown, if sometimes sunk in monotony, was at other times the scene of much gay pageantry; when mighty fleets foregathered, and the stoutest hearts of Europe, and the richest spoils of Asia, found harbour at the Cape.

It will be recalled that during the best part of the 16th Century Eastern wares were brought to Europe chiefly in Portuguese ships, being distributed from Lisbon to Northern Europe mainly by the

Dutch. When, however, Portugal fell under the sway of Spain in 1581, the Dutch were by the predominating Spanish element forced out of the Portuguese trade and compelled to sail to the East for the wares they formerly distributed from Portugal.

This in a way proved fortunate, tending indirectly to the world's development; and by 1597 a regular traffic between Holland and Java had been established. Valuable direct cargoes had been secured by Dutch maritime prowess, in spite of many obstacles, and the result was an outburst of great commercial enterprise. Not only Holland, but England, France, Denmark and Spain established East India Companies. Of these the English and Dutch companies were destined to become the most famous — more famous, more powerful, than any companies before or since.

It was a case of unity begetting strength. The Dutch East India traders were at first independent of each other.



OLD SWIMMING POND, GROOTE CONSTANTIA.

They combined for concerted action against the common enemy, it is true; they fought together to oust the Spaniard and Portuguese; but unfortunately they often fought among themselves, and above all they at times, and often needlessly, fought with the Eastern natives on whose good will their trade so largely depended. The result was commercial disorganisation. Competition sent down prices on the home markets; strife raised them in the Indies. Union was necessary for stability. The scattered units were accordingly combined into what we know as the Dutch East India Company, with the object of regulating and fostering the trade with the East, and of prosecuting the war against Spain and Portugal.

The headquarters of the company, three hundred years ago, were at Batavia; and in time diplomatic relations were established with China and Japan, stations being also opened in Ceylon, in the Persian Gulf, and in Bengal; and, what is of most interest to South Africa, a refreshment station for the fleets was founded at Capetown. It was a picturesque and stirring era, and the Cape became the centre of this trafficking and fighting in the 16th, 17th and 18th Centuries.

In the Capetown of to-day the old-world corners and memorials of those distant days are fast disappearing; but if looked for diligently many may still be found. In out-of-the-way places, unexpectedly, on casual saunters, in old Dutch houses, in museums,



and variously, one comes across them ; old mansions and villas, quaint walks and ancient avenues, exquisitely wrought fabrics and chests of Oriental workmanship ; curious tankards ; mascots "of wonderful potent" ; tokens, vases and pottery ; and hidden in gardens once trimmed by dead and long-forgotten hands, are strange and subtle-odoured blooms, and solitary century old palms.

They belong to the past. From the present they stand detached, poignant and as it

were lonely, diffusing a mysticism, a vein of Orientalism, a contagion contact with which opens the vials of imagination, transports us back, brings the distant near and makes one feel that history is not quite dead nor romance ousted. Musing among these relics of a bygone age, the past is visualised and recalled. We image those dead, dim, distant days. The mute material relics invest themselves with the garment of living reality, old associations revive, and the notion comes that again, between battles, the gallants of France and Spain pay courtly homage to Colonial charms, in the shadowy halls behind the teak shutters of the cool, dim, white-walled mansions of the Cape. Again the silken hose and powdered wigs, the rich brocades and priceless jewels, glint in the southern sunshine as for a while the nabobs and their retinues from the East repair their shattered healths among the fragrant pines, cool mountain airs, and luscious vineyards of the Cape. In fancy the viceroys come and go. The world's great conquerors, returned from doughty deeds of exploration and subjugation, hail as a refuge the fruitful land. For all enjoyed the hospitality of a kindly people whose residences were commodious and even elegant, whose cellars were well filled, whose boards groaned with myriad viands, and whose environment, as Drake at an earlier date affirmed, was "the most stately mountain and the fairest Cape in the whole circumference of the world."





VAN DER STEL GATEWAY, THE CASTLE.



THE CAPTAIN'S TOWER, THE CASTLE.

They were the days of Europe's first awakening to the wealth of the East, and to the wonders of the Southern seas; the days of a commerce more adventurous, and an exploration more intrepid, than any before or since. And of this bustle the Cape became the hub. In the absence of the Suez Canal, it was the centre of the "Grand Trade" between the Orient and the Occident. At the Cape everybody who for the moment was anybody on the high seas sooner or later called—proconsuls, officials, explorers, fighting men, and merchant adventurers. From the West they came, and from the East; from the dikes of Holland, the castles of Spain, and the boulevards of France; from the ebony forests of Ceylon, the temple shrines of China, and the treasure houses of India; to enjoy, in passing, a little relaxation; to stretch ship-cramped limbs among the roses and gaities of the Cape, and exchange for a while the russet garb and rough ways of the ships for the silks and velvets and gentler amenities of a genial civilisation.

They were a fair leavening of the world's best and worst, these various visitors to the Cape; gentle and rough, wealthy and poor, cultured and uncouth. But all had seen or done the things that mattered, and one can imagine the tales of mystery and wonder they told; experiences of a new and curious world, related jovially over the wine and almonds around the festive boards of the Cape, or softly to some pensive ear, by the spinet or under the starry skies in fragrant Capetown gardens.

Theirs had been perils by land and sea; fights with pirates at Chinese river mouths; pursuits of lateen-sailed dhows in the Persian Gulf and Red Sea; tastes of Inquisition terrors; deeds of doubtful chivalry for the release or transference of those red-lipped, white-armed slaves so coveted in Eastern harems. There would be cheek-blanching tales of encounters with gorillas and cannibals in the malarial swamps and tangled growths of Borneo; tales, too, of curious peoples and singular rites, of strange gods and mysterious idols in Japan; of gorgeous scenery and enormous temples, ruined among the relics of a dead civilisation in Java; large fair cities in Hindostan, buildings costly and beautiful beyond compare, elephants caprisoned with gold, and palaces of porphyry. There would be tales, too, of days beneath the deodars, and evenings beside the lotus streams of far Burma, where a light-hearted buoyant people prayed "when the mists were on the rice fields, and the temple bells a-calling."

And so, among the Capetown relics of a bygone age, the past is stirred to some semblance of what it was. The wonders of the East mingle with the beauties of the South, and in imagination the mighty pageant stalks again through the land of purple grapes and purple mountain shadows, and in the background rise the mists from that mighty national shrine—the grand old Table Mountain.



ADDERLEY STREET.



THE MODERN CITY.

CHAPTER III.

"Capetown holds a high and in some senses almost a unique place among the cities of the Empire. On the beautiful slopes of Table Mountain, is a climate which is one of the most favoured in the world, and amid scenery the most magnificent, there has been established an outpost of British power and a home of European culture which it would be impossible to overestimate the present value of or the great future."

LORD MILNER.



THUS Capetown is essentially historical: traditions and old associations linger around every nook and corner. But historic associations, however romantic, are of course after all intangible; the past is past and somewhat hazy, the present is more vivid and irresistible. Well, the historic aspect of Capetown, though of peculiar interest and therefore well worth emphasising, is only one of many aspects. The appeal which old Capetown makes to the

imagination, though great, is as it were only a background to the greater appeal which the exquisite beauty, the superb climate and the pleasing life of the modern city make to all the senses. There is in Capetown much besides historic interest. Indeed the charm is that the city appeals in so many different ways to so many different temperaments, that whatever the disposition of the visitor, or whatever the season of the year, something attractive will be found to absorb the interest.

Even just to idle for a while, under the awning of some balconied lounge, in Adderley Street, on a spring or summer morning, or even



VIEWS OF ADDERLEY STREET.

on a bright autumn or winter day, is a broadening education and a delightful experience, such as no other city in South Africa affords, and such as it is a pleasure long to remember. Vivid, picturesque and lasting impressions crowd the mind from a variety of sources. It is an instructive and fascinating scene: instructive in its intense human interest and picturesque cosmopolitanism, fascinating in its atmospheric, mountainous and oceanic beauty. There is a glow and stir about the scene such as few cities can boast—a southern fulness of colouring, and a general gathering of clans. There the Indian and Atlantic oceans meet—the tropic and the temperate, the Orient and the Occident. There, too, between the historic and stately edifices on either hand, between the old oak avenue and the bay, the business of the nation and the pleasure of the many attracted all grades of society, and all races of mankind—the highly placed and the lowly, the rich and the poor, the cultured and the otherwise—Caucasian, Mongolian, Negro and Malay; but few that are uncouth, and few that are uninteresting, each adding some quota to the scene, some instructive characteristic, some item of variety.

And in the urban stir there is the even greater charm of a natural setting almost perfect in beauty. The sleepy sunshine falls in mellow brilliance from downy skies, strikes shadows from the dim cool porticos, thrills as with ecstasy the calm blue bay, and tints the mountain background freely. So that one sits in a land of gorgeous colours: purple mountains, maybe capped with white cloud; bay and sky intensely blue; and everywhere the golden sunshine filters softly alike on Parisian gown and burnished motor, on the fez of the Persian and the gravity of the Arab, on fierce eyed Afghan and obsequious Hindo—on the East and on the West. And over the hazy, mist-filmed peaks, cooling ozone-laden airs arise from the ocean behind, hang over the purple mountain gorges till, filled with the balsam of the pine, they descend and refresh the city, stir the sun-kissed blossoms of the flower sellers on the kerb, waft healing and refreshment to the loungers on the balconies, and motive to maybe some homeward bound barque in the offing, or some miniature yacht drowsily tacking a course on a quiet bay.



BIRD'S EYE VIEW OVER GARDENS,

SOME ATTRACTIONS.

CHAPTER IV.

"This Cape is a most stately thing—and the fairest Cape we saw in the whole circumference of the World."

SIR FRANCIS DRAKE.



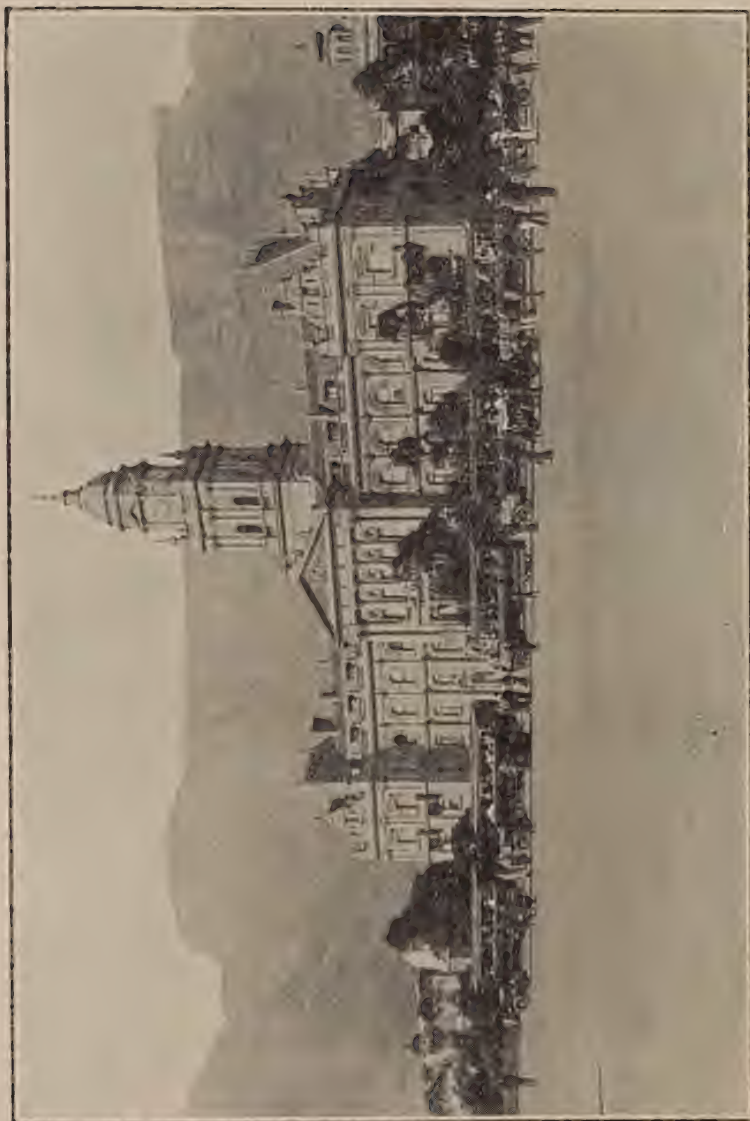
O-DAY Capetown is the premier city in the sub-continent. It is the centre of South African culture and social amenity. Being the Legislative Capital of the Union, and an important university centre, as well as an ideal holiday resort, it attracts thousands of visitors on business or pleasure bent from all parts of the Country. To the bountiful provisions by nature of a

salubrious climate and exhilarating rural surroundings, the enterprise of man has provided spacious streets, the most modern sanitation, an up-to-date pier and promenade, elegant statuary, public buildings of modern architecture, beautiful gardens, a Museum and Public Library, the Castle, the Koopmans de Wet house and collection, the Michaelis Gallery, the Municipal Orchestra, facilities for golf, bowls, cricket, football, croquet, swimming, surf bathing, boating and yachting, and countless other attractions and places of interest, the result being a bright and pleasant resort which irresistibly appeals to all sections of the community who seek a change for restful, quiet and health-giving recreation.

Public Catering.

In no detail of public catering is Capetown lacking. It has steadily progressed in its development of wholesome enjoyments. It can now offer to visitors such advantages as are difficult to surpass.

An important point for consideration in regard to holiday making is the question of Hotel accommodation. In this connection the Cape Peninsula, with its numerous modern Hotels and well-appointed Boarding-houses, holds a distinct advantage over other places. The town is prepared for extraordinary demands, and the greatest and least may rely on receiving attention.



CITY HALL.

Those taking their meals apart from the place of stay are specially catered for at the many high-class restaurants and cafes.

The charges are reasonable, and will compare favourably with those of other Coast towns. A list of the various Hotels and Boarding-houses will be furnished on application, and in this connection the Publicity Association will do all in its power to assist the intending visitor.

Climate.

The climate of the Cape Peninsula is rightly claimed as one of the finest and most bracing in the world. Almost surrounded by the sea, the breezes and air currents charged with ozone secure a constant freshness and purity of atmosphere, and maintain a cool and equable temperature in the hottest of summer days, residence therein will not only aid those who are constitutionally weak, but will promote increased physical vigour and mental energy in the healthy.

Natural Beauties.

The wonderful natural beauties of the Cape Peninsula give it the foremost place amongst the resorts of South Africa. It has no need to depend upon seasons of festivities to entertain visitors. The perfumed shaded groves of the mountain slopes, the glistening sands and gleaming seas around its shores, the health laden breezes and invigorating warmth of its climate are the settings which give the Peninsula an endless charm and fascination peculiar to itself alone.

Safe Bathing.

Surely no other place can boast such perfection for paddling or for bathers. At Muizenberg and the other False Bay resorts, bathing—which is indulged in all the day long—can be enjoyed under the most favourable conditions in the open sea, the coast being free from the dangerous backwash so common to South African shores, and the water free from sharks. Up-to-date bathing pavilions have been erected at Muizenberg, Kalk Bay, Sea Point and Camp's Bay, and the water is warm enough at the former two for bathing to be enjoyed the whole year round.

At Muizenberg surf bathing is the popular attraction, and thousands of visitors go there yearly to indulge in this fascinating and health-giving sport.

National Botanic Gardens.

The establishment of a National Botanic Gardens at Kirstenbosch has already commanded the interest and support of the representatives of the whole nation, and on all grounds the site chosen is worthy of its destiny.



NATIONAL BOTANIC GARDENS, KIRSTENBOSCH.

Those who know it are convinced that no botanic garden in the world has greater natural beauties, and it is anticipated that in a year or two botanists will be tempted to come from every part of the world for no other purpose than to see the National Botanic Gardens at Kirstenbosch.

The Gardens are open to the public, and may be reached by train or tram to Newlands or Claremont, where a carriage may be hired to convey the visitor up to the gardens, which lie just beyond Bishop's Court.

The Castle.

Commenced in 1666, the Castle to-day is hemmed in between the railway and the road to the southern suburbs. Obsolete it may be, and inadequate as a means of protection, but it is a heritage from the hands of those who laid the foundation upon which has been reared the South Africa of to-day. Open daily from 3 p.m. to 5 p.m.

The Museum.

Situated in Government Avenue, this institution, which dates from 1855, is open daily from 10 a.m. to 5 p.m. and on Sundays from 2 to 5 p.m.

The Art Gallery.

The South African Art Gallery, founded in 1872, is housed in an annexe to the South African Museum. The Galleries are open daily 10 a.m. to 5 p.m.

The Michaelis Gallery.

Capetown is singularly fortunate in its possession of a collection of old Masters that will bear favourable comparison to any gallery of its size in Europe.

Mr. Max Michaelis's most generous gift to the Union of sixty-eight great paintings by famous Dutch and Flemish Masters of the seventeenth century has now been housed in the old Town House, Greenmarket Square, and opened to the public since October, 1916, and to judge alone by the number of visitors to the gallery, South Africa is most thoroughly appreciating its artistic possession. The garden at the back of the building serves as a pleasant retreat, and as time goes on will be a thing of beauty in itself.

This Gallery is open daily, except Sundays, October to March, from 10 a.m. to 6 p.m., April to September from 10 a.m. to 5 p.m.

Koopmans de Wet Museum.

Situate in Strand Street, just beyond Burg Street, the house, which probably represents the strongest connecting link between Old Capetown and the new, has been purchased for the Nation, together with the more valuable examples of old Dutch furniture contained therein. Open daily 10 a.m. to 5 p.m.



SUNSET AT CLIFTON.

Library.

Founded in 1818 by Lord Charles Somerset, and described as "the bright eye of the Cape" by Sir John Herschel so long as 80 years ago, the Capetown Library is a veritable national treasure. Situated in Government Avenue. Open 9 a.m. to 10 p.m.

Boating and Yachting.

Table Bay has long thrown off the suspicions of dangers which had been allotted to it by fearsome mariners. For months it has the placidity of the proverbial millpond, and its waters teem with holiday makers in rowing craft, motor-launches and white-sailed yachts. The sea excursions by motor launch commence at Adderley Street Pier, where rowing boats may also be had.

Yachting forms another attraction of Table Bay, and during the season important races are promoted by the Royal Cape Yacht Club, provoking keen interest and lively competition. Regattas are held, and the races can be watched from the pier and sea promenade. In normal times frequent excursions by the magnificent vessels of the Union-Castle Company are arranged to Simonstown, Mossel Bay, and other places at a moderate charge.

Sea Fishing.

All appliances for deep-sea fishing can be obtained from the owners of boats at Kalk Bay Harbour, Simonstown and Table Bay, who have every convenience to enable the visitor to indulge his fancy. For those who prefer wielding the rod, the coast line with its innumerable rocks offers inducements which are unrivalled in South Africa. No matter where the angler goes, he can never complain of the quality of the sport provided for him. Everything in the way of tackle can be procured in Cape Town.

The Pier.

The new pier is one of the finest in the world, its total length, including the approaches, being 1,800 feet. The shore end, which is open to vehicular traffic, has a width of 100 feet, and leads up to a "circus," 200 feet in diameter, where the statue of Johan van Riebeeck, founder of the Cape Colony, occupies a commanding position. At the sea end there is a bandstand, refreshment rooms, observation tower, as also landing stages for pleasure craft. Facilities for bathing and fishing are provided, and there are daily concerts by the Municipal Orchestra and other entertainments during the season.

Round Table Mountain.

The popular drive of 33 miles round Table Mountain by way of Sea Point and Camp's Bay along the Victoria Road to Hout Bay, returning through Groote Constantia and the suburbs of Wynberg, Kenilworth, Newlands and Rondebosch, constitutes a



ROGGE BAY.

spectacle which is unrivalled in the world's beauty spots, embracing as it does some of the most magnificent scenery in the world, varying from the beautifully curving bays at the base of rugged peaks on the seaward side to a perfection of foliage and cultivation which covers the rich lands on the inward slopes.

Motor 'Bus leaves daily for this trip, from the Tramway Office, Darling Street, where full information regarding fares and times of departure may be obtained.

Government Avenue.

The main artery for pedestrians between the City and the residential part known as "The Gardens." The avenue itself is one of oak trees.

Municipal Gardens.

Adjoining the Library, Government Avenue. Free to the public. Good supply of seats for visitors. Flowers, plants and trees peculiar to the country. These Gardens have a great charm for botanists and horticulturists. Statues to Sir George Grey and Cecil Rhodes are erected in the Gardens.

The Mountain Tram Ride.

A wonderful feat of engineering is the tram line from Cape Town to Camp's Bay, over the Kloof between Table Mountain and Lion's Head. Owing to the steepness of the ascent driving is impracticable, but the visitor is well rewarded in taking the tram ride, which is considered by experts to be unequalled in the world. The most perfect bird's-eye view of Cape Town stretching down to the water's edge is obtained, and as the visitor rounds the Kloof and the City is lost to view, his gaze is suddenly attracted to Camp's Bay, many hundred feet below him, which springs into vision as he makes his descent on the other side. The beautiful effect is considerably enhanced by moonlight, and here again facilities are offered to the visitor, as trams run every fifteen minutes till late in the evening. The circular tour covers a distance of $11\frac{1}{2}$ miles, and occupies $1\frac{3}{4}$ hours. The visitor may, however, break his journey at Camp's Bay.

Motoring.

The Cape Peninsula stands unrivalled in South Africa as a motoring centre. The roads are maintained in perfect condition. There are excellent garages in the City and suburbs, where cars can be obtained on hire at reasonable rates. For a description of some of the motor drives see "The Motorist's Paradise" issued by the Publicity Association.

SPORT AND AMUSEMENT.

Golf.

Wynberg.

The links of the Royal Cape Golf Club are situated at Wynberg. Here will be found an 18-hole course with ample fairways, beautiful grass greens and tees that compare very favourably with those of the Old Country. Situate on the Cape Flats, with a range of mountains skirting it on either side, the hottest day is tempered by the breeze that blows from False Bay. Bogey for the course is 79, and the length of holes varies from 100 to 500 yards, one's interest being sustained from the 1st to the 18th tee. A characteristic of the course is the "Bent" or reeds that border each fairway and make straight play an essential.

The course has been lengthened since the last Championship Meeting, and many improvements in bunkering have recently been carried out.

Mid-winter play has also been improved—due to a system of drainage.

The total length of the course is 5899 yards.

There is a commodious Club House where an excellent luncheon or tea may always be obtained. Ladies are debarred from playing on Saturday afternoons and Public Holidays only. The Green Fees are:—2s. 6d. per day; 10s. 6d. per week; £1 1s. per month. Ladies 1s. per round, 1s. 6d. per day. The Hon. Secretary is Mr. A. Cronwright, Box 9, City. The Professional (Willie Smith) has quarters upon the course.

Mowbray.

The Mowbray Golf Course is situated on the farm "Raapenberg"; covering some eighty acres of beautiful park-like land, long famed as the favourite habitat of many varieties of the Cape flora, and commanding most entrancing views of Table Mountain and the distant Hottentots Holland and Stellenbosch ranges.

All the year round the course is in splendid condition and every year has seen a marked improvement since it was first laid out in 1911. The fairways are wide and afford good lies; whilst the fine undulating grass greens are of generous dimensions and provide ample scope for the exercise of good judgment in the holing of long putts. The holes are of considerable variety and are of a very interesting character. The 10th, in particular, with its fine approach over a succession of "rolling billows," is generally conceded by all who know it to be one of the finest natural golfing holes in South Africa. The bogey is 79 and the total length of the course 5596 yds.

The course is very favourably situated as regards railway facilities, Raapenberg Station (Cape Flats Line) being right on the course, with a conveniently arranged service of trains from both Cape Town and Muizenberg-Kalk Bay, enabling visitors to the False Bay holiday resorts to combine the pleasures of a daily round with residence at the seaside. Residents on the Wynberg Line find Mowbray Station within easy distance of the Links.

The Club rejoices in the possession of a comfortable Club House, where luncheons, etc., are always obtainable at moderate charges.

The Professional (Archie Tosh), who holds the wonderful record of 68 for the course, is always in attendance for coaching, etc., and has supplies to meet all the requirements of the most fastidious of golfers.

For visitors the Green Fees are 2s. 6d. per day or £1 1s per month; Ladies and Juniors 1s. per day. Caddie Fee 1s. per round.

The Hon. Secretary (P.O. Box 741, Capetown) will be pleased to answer any inquiries.

Rondebosch.

The links of the Rondebosch Golf Club are conveniently situated amidst picturesque scenery and are within seven minutes' walk from Rondebosch station. The course is one of nine holes with grass greens. The fairways are wide, and there being practically no rough on the course, the golfer who pulls or slices his drive is not penalized as much as he should be at the majority of the holes. Artificial sand bunkers have been built at most of the holes but at two or three places the bunkers are natural and during the winter season trouble is in store for the player who fozzles his drive.

The well-appointed Club House is adjacent to the first tee. An attendant is present and tea and mineral waters are obtainable.

The full course of 18 holes is 5107 yards in length: Bogey score 78.

Terms for visitors:—7s. 6d. per month, 1s. for one ordinary day and 1s. 6d. for Public Holidays and Saturdays.

The Club Secretary is Mr. A. R. E. Nichol, Golf Club House, Rondebosch.

Green Point.

The golf course within easiest reach of Capetown is that of the Metropolitan Golf Club. This course is beautifully situated at Green Point, five minutes distant from Adderley Street, either by tram or train. The freshness of the sea breezes and the magnificent mountain scenery as well as proximity to Capetown makes this course a most popular one. The links consist of nine holes, the longest hole being 400 yards. All the putting greens are of grass, and the natural difficulties through the course add to the attractiveness of the links. There is a commodious Club House, where luncheon or tea may be had, and the Professional is always to be found on the links or at the Club House. The "Bogey" for the course is 36 for the nine holes, and the total length of the course is 2415 yards. Ladies are debarred from playing on Saturday afternoons and public holidays. Ladies' days are Tuesdays and Fridays—Mondays, Wednesdays and Thursdays up to 4.30 p.m.



NEWLANDS CRICKET GROUND.

Visitors have the privilege of playing on the links any day, and on Sundays, when the links are open on payment of the following green fees:—1s. 6d. for 18 holes (Saturdays and Public Holidays excepted), 2s. 6d. per day; 5s. per week; 15s. per month; 7s. 6d. per month for ladies.

The Caddie fees are:—Double round, 1s. Single round, 7d.

Hon. Secretary and Treasurer: Mr. H. A. Solomon, Box 342, Cape Town. 'Phone 2263.

Bowls.

There are excellent Bowling greens at Three Anchor Bay, Gardens, Rondebosch, Wynberg and Muizenberg, where provision is made for temporary members.

Lawn Tennis.

The Western Province Lawn Tennis Association Courts are at Rondebosch, at the top of Highstead Road, (Hon. Secretary, Mr. H. M. Steele, Glen Darach, Rondebosch). There are in addition no less than twenty clubs affiliated to the association.

Cricket.

The chief cricket grounds in the Peninsula are at Newlands, Rosebank and Green Point, where provision is made for temporary members. The season extends from October to April.

Football.

Rugby. The Western Province Rugby Union headquarters are at Newlands, where rugby football of a high standard can be witnessed every Saturday during the season.

Association. The headquarters of the Association game are at Hartleyvale, Observatory Road.

Race Meetings.

S.A. Turf Club. Frequent meetings organised by this Club are held at Kenilworth. The course, which is considered one of the most attractive in South Africa, is situated within easy walking distance of Kenilworth Station.

Milnerton Turf Club. Meetings are also held at Milnerton, situated on the shores of Table Bay, five miles from Capetown. Frequent trains take one right to the course. The meetings are usually held on Saturdays and Public Holidays.

Athletics.

Sports Meetings are held at intervals at the Cycle Track on Green Point Common.

Trout Fishing.

May be obtained within easy reach of Capetown in the various rivers and vleis. The local season obtains from the 1st October to the 15th January.



THE PIER, CAPETOWN.

Music and Entertainment.

With a first-class Municipal Orchestra, a Municipal Choral Society, a College of Music, and various Choral and Musical Societies, Capetown gives place to no other city in South Africa as a musical centre, and has a deservedly high reputation. The concerts of the Municipal Choral Society offer an opportunity for hearing the best singers, and this is a source of delight to both students and the general public, and there are also the Municipal Orchestra Concerts. Apart from these concerts, which give the local artistes and societies opportunity for the rendering of musical works of a high order, every inducement is offered to those who delight in hearing the famous singers and players who visit South Africa, of whom there have been not a few. The City Hall and the Pier play a prominent part in providing the venue for concerts of choice selection which the public are able to enjoy at moderate cost. No visitor to Capetown should miss the chance of hearing the celebrated organ in the City Hall.

The Municipal Orchestra.

The Capetown Corporation have now established a Municipal Orchestra consisting of thirty professional players. Performances are given during the summer season on the Pier at the foot of Adderley Street, both in the afternoon and evening; the Orchestra also performs at Muizenberg, Sea Point and Camp's Bay, and in the City Hall. For the winter season orchestral concerts are held in the City Hall, a popular feature being the Afternoon Tea Concerts on Tuesdays and Fridays, the Thursday evening concerts, and on Saturday evenings concerts at popular prices are given. There are also concerts at the City Hall on Sunday evenings.

Mr. Theo. Wendt, the well-known musician, is the Conductor of the Orchestra and Musical Director to the Corporation.

Dramatic performances of a first-class nature and the latest musical comedies produced in London are staged professionally at the Opera House. Capetown has also many amateur dramatic societies, and public performances are given by these from time to time.

The Tivoli Music Hall provides high-class variety entertainments and there are numerous up-to-date Bioscope Halls throughout the Peninsula.



DEVIL'S PEAK.
View from Groote Schuur.

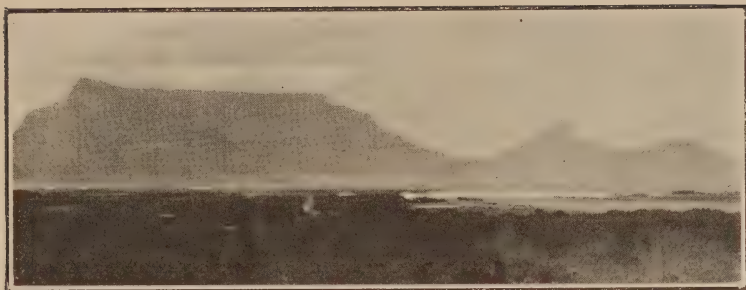


TABLE MOUNTAIN.

CHAPTER V.

The Mountain and its slopes have ever been foremost in gratifying the pleasure-seeking eye. Here Nature is shown in one of her inimitable productions. Table Mountain is a world-famous region of Nature's richest abundance. To the upward gaze there is a grandeur in the buttresses and boulders, the cleft gorges whose gloom adds magnificence and mystery to the up-towering heights. It is grandest in its contrast with the well-laid streets and handsome buildings at its base, and this contrast is not the least of the attractions.

Halfway round the town the gentle upward curve of Signal Hill leads gradually to the bold thrust of the Lion's Head, springing from wooded slopes, whose mellow browns and silvery dazzle of pines and silver trees are broken by feathery yellows of grassy undergrowth. Across the deeply-wooded kloof begins at once the spectacle of the jagged rock and rugged crevice along the Table top. Away beyond continues the mountain range, banked by clustering trees and radiant bush. This is the region of Cape Flora, unique in many forms, with the burnish of the silver leaves, the gorgeous hues of the numerous varieties of sugar-bush, disas and crassala, the metallic lustres of the everlastings, the countless vagaries in bell and tint of heaths; the fulness of odours that range from the quaint aroma of the buchu bush, the sweeter scents of wild geranium, to the pungent smells of the arum lilies and bulb-rooted blossoms. Its glens are fairylands of colour—orange masses of marigolds, gleaming patches of africanders, rich carpets of magenta-tinted wild figs, all blended in one harmonious whole that fills the visitor with an ecstasy of delight.

The Publicity Association has issued a Guide to Table Mountain for the use of visitors.

NOTE.—The services of the guides qualified to take visitors up the mountain may be secured through the Publicity Association, Visitors' Bureau, Lower Adderley Street. It is necessary to obtain a permit from the City Hall before ascending Table Mountain.



GROOTE SCHUUR (BACK VIEW).



GROOTE SCHUUR.

CHAPTER VI.

"I sometimes think there never blows so red
A rose as where some buried Cæsar bled."

OMAR KHAYYAM.



GROOTE SCHUUR is well worth visiting at any time; every corner of it will prove interesting; and if the visitor selects a fine day, walks through the several square miles of grounds, ascends the slopes of the foothill, and views the wide-spreading Cape Flats below, bounded by the Atlantic and Indian Oceans respectively, it will be to be wholly charmed by an environment the unique beauty of which will be long remembered.

It is an historic scene. When inland South Africa lay wholly unknown, its spell unfelt, its primeval forests and elephant haunts unexplored, its deserts and plains as yet unstrewn with the bones and fever beds of those who pioneered; Groote Schuur was a pastoral centre, the site of the Dutch East India Company's corn barns. European settlement was confined to an area of a few dozen square miles round Capetown. Rondebosch was an outpost of empire, and something of a wilderness, in which the lowly Bushmen roamed and the Hottentots pastured their stock. There were lions on the mountain slopes, and hippopotami where the Liesbeek, now diminutive, loitered deep and broad under the tall reeds and the fragrance of the wattle blossoms.



THE TERRACE, GROOTE SCHUUR.

The soil was good, the climate glorious; and gradually the thatched roofs of white-walled farmsteads dotted the plain and slopes. Thousands of pines and oaks were planted by those great tree lovers and human benefactors—the early settlers; and in that prolific soil quickly increased and spread till what was almost treeless became one of the most picturesquely wooded portions of South Africa. Several square miles of this woodland and mountain magnificence were ultimately acquired by the late Rt. Hon. C. J. Rhodes, and after considerable improvement was bequeathed as a pleasure ground for the nation.

Groote Schuur, while in the possession of the Dutch East India Company, of the Rt. Hon. C. J. Rhodes, and latterly of the Premier of the Union, was famed not only for its own attractiveness but for the historic gatherings that took place there. It has accordingly become a place of pilgrimage, a kind of South African Mecca, to which go all who are susceptible to the influence of old associations and capable of appreciating Nature in her softest mood.



SUMMER HOUSE, GROOTE SCHUUR.

It is one of the most inspiring of places. Around, on every side, above, below, the vista is of unrivalled grandeur. In the background the mountains tower, close in point of distance but remote in their serene aloofness, the purple tintings of their long, dim, lofty aisles mingled with the bronze of sun-kissed peaks. On the shoulder of the foothill, from the brilliant green foliage, the granite temple looms, the shrine of a nation's remembrance; pure and serene in the intense sunshine, or islanded (as in a dream of beauty) when gossamer clouds lie moored to the coolness of some fern-clad, dripping ravine close by.



GROOTE SCHUUR (SIDE VIEW).

Downwards, for miles on either side, the grassy glades slope gently. Pent in the glen below, a brook babbles to the arums, where the tall trees close overhead among the trailing creepers and the day lies shed in mottled shadows. And on every side, the great pine woods sweep up the base and slopes of the mountain, a thousand various movements in their burnished branches.

And if the imagination be allowed to aid the eye, one feels that about Groote Schuur there is something more than beauty, something mystic, elusive, yet compelling, like the poignant appeal which lurks around the ruined columns and crumbling monuments of the Roman Capitol; something that has a more magical effect than beauty itself. The scene on the Roman Capitol is a desolating but inspiring one. The pomp and pride of long-dead generations, and the civilisation which in many respects has never been excelled, lie buried there under the chaos of the centuries, the actors in the gorgeous pageant have mouldered over them. Every stone points a moral, every sod covers or supports what may once have been an ideal. And the whole lies voiceless and still, yet articulate to those with the imagination to penetrate and resolve.

Similarly at Groote Schuur sensibility sharpens, the blood is quickened, and a pulse of lost feeling beats again in the haunting hush around the Doric temple, when the purple mountain shadows fall among the murmuring pine, and soft airs from the upper ravines rustle down their healing showers.

Groote Schuur house may be inspected at any time, provided that the Prime Minister is not in residence, if the visitor first obtains a permit from the Public Works Department, Parliament Street.



"PHYSICAL ENERGY," GROOTE SCHUUR.



CAMP'S BAY.



CAMP'S BAY.

CHAPTER VII.

"Only to hear and see the far-off sparkling brine,
Only to hear were sweet, stretched out beneath the pine."

TENNYSON.



CAMP'S BAY is a combination of sea, mountain, and pine woods.

At Camp's Bay, and for the entire length of the mountainous Victoria Road to Hout Bay, the coast is extremely wild. Mile upon mile the massive mountains stretch, and at their base the Atlantic Ocean fumes, its roaming over the waste spaces of the world barred at last.

The scenery at Groote Schuur and throughout the Southern Suburbs is superb for subdued beauty and quiet suggestiveness.

At Camp's Bay, and its vicinity, the scenery is the grandest, the most variedly impressive in the Cape Peninsula, grand because of its rugged and often naked majesty, variedly impressive because as the Victoria Road to Hout Bay is traversed the perspective continuously changes with the winding of the road, and to each perspective a different combination of mountain and sea-scapes opens.

Two main conditions prevail—stormy or calm. In the one case, lofty pinnacles, gloomy gorges, frowning buttresses rise beneath stormy skies from a raging sea pounding its mighty volume at the mightier resistance of the stupendous rocks, seas that hurl spray and spume and ozone, and cold but intensely refreshing winds that whistle and sting but rejuvenate and exhilarate. In such circumstances the trip along the Victoria Road, though boisterous, and



LLAUDUDNO BEACH, BEYOND CAMP'S BAY.

likely to appeal only to the robust, is an experience that, recalled, will prove a continuous refreshment. It cleanses and contents.

But generally the trip along the Victoria Road is characterised by fair weather, when the scene is quite different. Beneath, a sunlit sea lies idly, languidly fringing the coastline with a lacework of surf; and where before there was gloom on the mountain, there now is brightness. The route is then extremely picturesque: on the one hand leafy bowers in mountain hollows, and on the other hand ocean views of surpassing beauty.

Similar scenery is met with on the journey by electric tram from Capetown *via* Sea Point to Camp's Bay and back through the mountain kloof.

Lord Guthrie, describing this drive, states:

"In September, at a meeting in Capetown of the Caledonian Society, I had occasion to say something which the papers were good enough to record, about Capetown's majestic situation in comparison with other cities we have visited, even with such noble cities as Edinburgh, Athens, Stockholm, Naples, Constantinople, Beyrout, Montreal and Quebec.

Since we give the palm, not so much for beauty as for dignity, to Capetown, we have seen what Lord Carnarvon called 'the finest drive in the world,' with the vegetation just bursting into its marvellous variety of splendour of colouring and form. That drive was needed to add the life-long impression of beauty, as well as the grandeur, to our remembrance of Capetown and its surroundings."

Camp's Bay itself is a restorative health resort, ozone from driven salt spray, balm from adjacent pine woods, and cool, fresh mountain airs mingle on the Camp's Bay beach and constitute just the tonic needed to send new life to tissues parched by inland heat.

The Camp's Bay beach is pleasant and uncommon. Unlike so many seafronts, it is not a depressing range of furze-clad sand dunes, but a restful, charming pleasure-ground where grassy downs and long silvery strands alternate with picturesque rocky coves and promontories.

The beach slopes too abruptly, and the currents are too strong, to permit of surf-bathing; but there are places, specially indicated by sign-boards, where open sea bathing may be enjoyed in water calm, safe and deep enough in places to permit of swimming, and shallow enough in other places to accommodate those who do not swim.

The sea is colder than the Indian Ocean at Muizenberg, but it is nearer to Capetown, and so more convenient for those who desire thoroughly to restore their systems but have only a week or two in which to stay at the coast.

And for those who desire a mild temperature of water, there is at Camp's Bay a large sea water swimming bath artificially heated.



CAMP GROUND ROAD, RONDEBOSCH.



THE SOUTHERN SUBURBS.

CHAPTER VIII.

"The Cape Peninsula is one of the most beautiful spots in the world—certainly the most beautiful spot I have ever visited. I don't think there is anything in Europe that equals it."

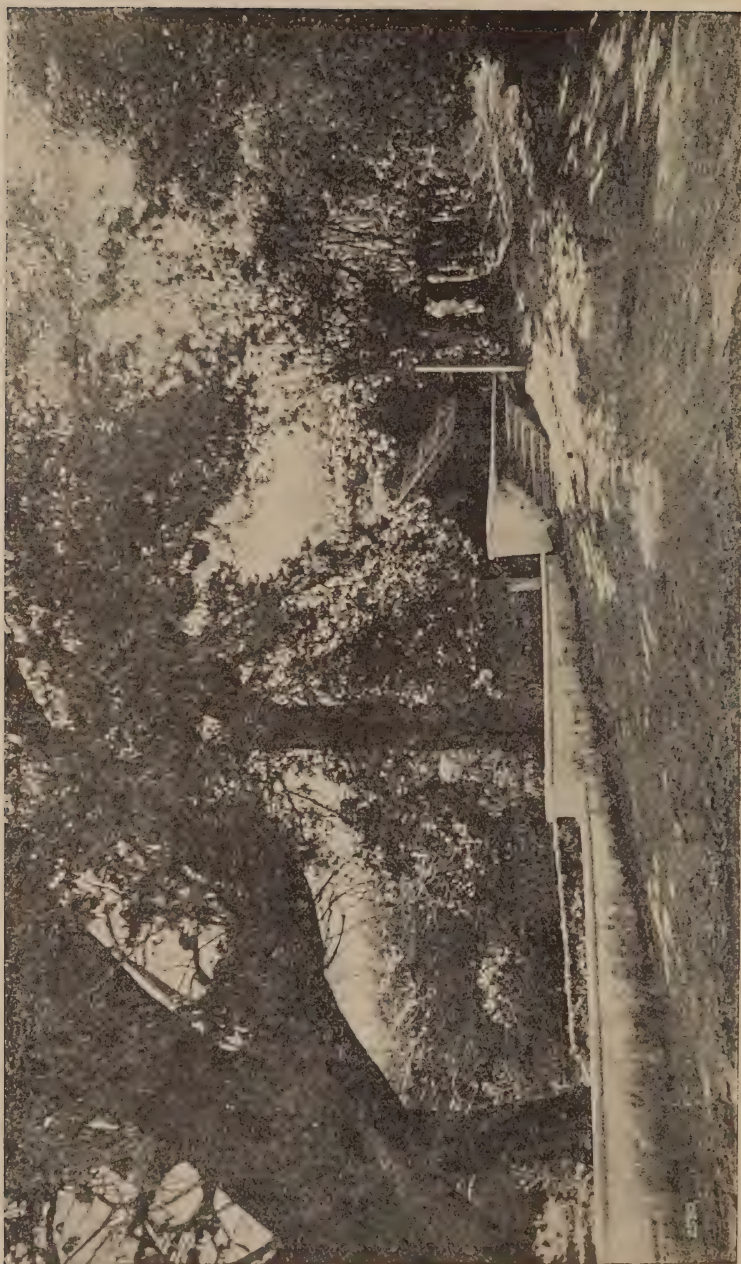
PROFESSOR H. A. L. FISHER.



FROM Groote Schuur the descent is into the Southern Suburbs. These extend along the mountain base for eight miles, from Capetown to Wynberg, and then, in more scattered, pastoral form, for another eight miles from Wynberg to Muizenberg.

The environment is one of the loveliest. It is a woodland idyll of broad majestic colouring, heightened by the mountains in the background, and enlivened by enchanting glimpses here and there of the distant oceans. On every side are giant firs, ancient oaks in milelong avenues, and (in season) tawny mountain streams shafted and lusted by the bright but unoppressive sunshine which faintly dapples the cool, dim glades.

Cosied in that picturesque setting, but not overshadowed by it, being separated by sunny, plumbago-hedged lanes and roads, are the most stately and historic mansions, and the most winsome villas, in South Africa.



ENTRANCE GROOT CONSTANTIA WINE FARM.

They are on a generous scale, these white-walled, sun-splashed residences of the Cape; there is no suggestion of the building plot, or urban crowding or expediency. Each place has a dignified repose of its own, and seclusion in some beautiful garden of roses, vineyard, or

“Terraced lawn whose bright arcades
The honey-suckle sweetly shades.”

They were as world-famed, once, some of these old Cape houses, as they are charming still; famed for the hospitality afforded contemporaries of Sheridan, Pitt, Burke and Scott; when the



WYNBERG PARK.

Battle of the Nile was fought; before the Australian Colonisation properly began; when Clive was laying the foundations of Empire in India, and America had just won its independence.

In the shades around these old houses the all-victorious Wellington once trod, where earlier Van der Stel had taken his evening ease and the mighty Van Tromp rested a while by some sweet garden side. There too Drake had been, and Warren Hastings, passing on mighty errand, yet pausing to drink delight. The Southern Suburbs were a place of refuge and contentment where as a change from the tropic East and frigid West the mighty



KIRSTENBOSCH.

voyagers of long ago thoroughly enjoyed the genial hospitality of the Cape, and found complete satisfaction in the environing beauty.

Thousands have passed through those suburbs since then, and all been refreshed.

“To them perchance this rambling strain
Recalls those Summer walks again ;
When, doing nought, and, to speak true,
Not anxious to find aught to do”

they lingered, on still, sleepy afternoons, near the old sundials, amid the fragrance of the fallen pine needles, when the sunset glow lay on the hills, and the coo of the ring dove mingled with the distant cries of the reapers in the fields.

The Southern Suburbs have of course been quite modernised, but they have in no way been spoilt, being if anything more delightful than ever. All is still closed in by trees, and perfumed by many gardens. All is fresh and fragrant and wholesome as of yore, and the old rapt quietude remains, save for the whistle of a foliage-hidden train, or the hardly-heard clang of a distant tram.

It is still an Elysian land, a land of vineyards, grainfields, orchards, and fresh green pastures. And over the charming old residences there is still an air redolent of a bygone age. There is nothing quite like them elsewhere in South Africa. There are as costly, costlier, structures; but the atmosphere, the associations, of these old-world Cape dwellings are the peculiar legacy of a leisurely mellow age. As handsome structures may be found elsewhere in South Africa, but they lack the age of those stately, white walled oak-ceiled mansions of the Cape. They may have the same teak shutters, the same pillared stoeps, the same trailing vines and clinging wistaria; but they have not got those ideal, sturdy, boles, the pride of ages gone, the glory of to-day, those mighty trees that sheltered and refreshed the great ones of the past, saw reputations rise and wane, outlived the years.

“Oaks that saw them every one, like the leaves in winter fall,
Saw forgotten ‘meisjes’ fair
Playing in the shadows there.”





MUIZENBERG BEACH AND PAVILION.



MUIZENBERG.

CHAPTER IX.

"Ah! make the most of what we may yet spend,
Before we too into the Dust descend."



UNCHALLENGED in its sway,
unstinting in its far-flung favours,
the sea draws all humanity, if not
always to its bosom, then at least
to its skirts, there to rest tired
minds with the soothing lap of the
waves, to breathe the salt spray
spun from foam flecked crests,
and feel the re-invigorating water
round limbs grown limp with
inland aridity. The sea is the
complete renovator. It is the
only "cure-all." And it is the
pleasantest of cures. Nothing
so tonic as a dip, nothing so

exhilarating as a spell on the surf boards, nothing so calculated to
revive the sense of perfect well-being as lazy hours on the sands,
saunters among the furze clad dunes, or strolls along a perfect beach.
It is a going back to the free elemental forces of nature, to the basic
conditions of life: a cancelling of mental and physical overdrafts.

That is why Muizenberg is the foremost of Cape Peninsula
resorts, and draws its thousands yearly.

The Muizenberg summer season from November to April is the
more popular, for then little rain falls, the climatic conditions are
most even, and the sea temperature so mild that the visitor of
average physique remains in the open sea indefinitely. That is the
season when the beach is thronged and the modern bathing pavilion
accommodates hundreds daily. It is the season in the south when
the long summer days and the tranquil summer evenings bestow
much worth treasuring and looking back upon with grateful
remembrance.



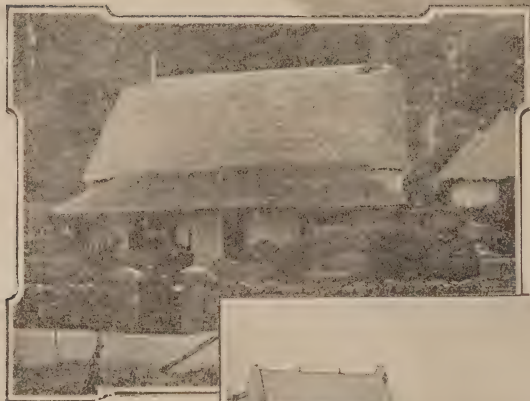
MUIZENBERG BEACH FROM ROCKS.

The winter season, from May to October, has however also much to commend it. At Muizenberg it is usually possible to bathe with comfort and benefit in the open sea through most of the cold months, as the winter days are usually milder there than in the rest of the Peninsula, the sea is warmer than the surrounding atmosphere, and the beach as delightful as ever for children and adults. But naturally in winter the bathing is not the outstanding feature that it is in the summer. There are other attractions. As the winter is the season most conducive to exertion—to pedestrianism and mountaineering, golf and general exercises, the attraction of Muizenberg beach, moors and mountains are then enjoyed to the fullest.

It is, for instance, a delightful excursion of several miles to Strandfontein, over perfectly smooth and firm sands, with on the one hand the flats and their picturesque farmsteads and distant purple mountains, and on the other hand the long Cape combers breaking intimately within a few feet of the pedestrian—their long white plumes flinging the spindrift from the foam and the smother from the breakers, till the sea smokes with inland driven ozone that loosens dust cramped lungs, revitalises the blood to ruddiness, and sends the circulation, laden with salt rime, tingling through every tender.



KALK BAY BATHING POOL.



ALONG THE ST. JAMES' ROAD.

And when the weather is fine, as in average seasons it is for a reasonable proportion of time, the winter nights at Muizenberg and in the vicinity are no less pleasant than the days. Who shall convey an adequate sense of the ineffable charm of the mountain-girt, sea-fringed St. James, Kalk Bay, Fish Hoek road, of the dreamy twilight, the soft melody of the proteas whispering when faint airs stir the mountain side, and the mystic unison of the ocean's wondrous choir. In the farness of the gloaming, if manœuvres are on, the warships hover like monstrous phantoms; or the fishing smacks may be returning, their cocked sails dipped with the ruddy glow of the waning sunflare. Evening follows, dewy and fragrant, and wraps the darkening mountains where they soar from



SURF BATHING AT MUIZENBERG.

the rim of the sea; and the starshine floods the beautiful skies, and a peace descends and all grows hushed, soothed by the lullaby of the sea. And so one saunters on unmindful of exertion, forgetful of time, lured by the winking lights that fringe the coast and twinkle across the bay at Simonstown where the velvety southern night lies curled to the breast of the mountains. Then a spur is turned and the long white beach of Fish Hoek revealed. It is a touching and in most respects a wild scene at night, between the brooding mountains, where the moonshot waters heave and the pale wan beams fall coldly on the ghostly white of barren sand dunes: a somewhat dreary scene where the tangled seaweed and the drift of the ocean lie in mighty fragments belched on the lonely strand like desolate derelicts.

Unfortunately Muizenberg is one of those places which do not reveal their attractions to the first glance or lend themselves well to portrayal. It must be seen, and not only seen but dwelt in, to be appreciated at its proper worth. A casual glance at the place oftener than not gives the impression merely of a conglomeration of rooftops huddled unprepossessingly without design; and like the hand in the Eastern tale, thrust from behind the curtain as the only index to the winsomeness behind, illustrations of Muizenberg disclose less than they leave unrevealed. They deal with Muizenberg in fragments, not as a whole: or if they show the place and its surroundings, it is merely an outline which leaves to the imagination the task of colouring and grouping the details.

The attraction of Muizenberg cannot be caught by a casual glance, or from an illustration, because it consists of the sense of well-being following a course of Muizenberg bathing, and the charm of vast vistas of mountain, moor and sea, such as, however, are revealed on a leisurely saunter through and around the place.

Umbur and dun mountains slope from a rugged rocky coastline where the long, white-plumed combers boom, break and disperse their healing ozone. Keen-aired, bracing, gorse-clad moors adjoin. For nearly twenty miles a silvery strand curves smooth, firm and inviting round an azure sea, and in the distance, on every side, the mountains loom—gray in the light of the morning sun, purple and bronze in the gold and blue of evening, and black in the violet of the still night.

Those who by wide acquaintance with places oversea are qualified to judge, generally admit that the Muizenberg beach, climate, and oceanic attractions are equal to the finest anywhere.

The surf bathing is pleasant and safe. The temperature of the water is so mild and even, that bathing may be enjoyed all the year round, and the beach slopes so gently that all danger from currents and sudden depths is absent.

The new municipal bathing pavilion can accommodate three thousand bathers a day. Private dressing rooms, fresh water showers, attendance and commodious tea rooms are provided, so



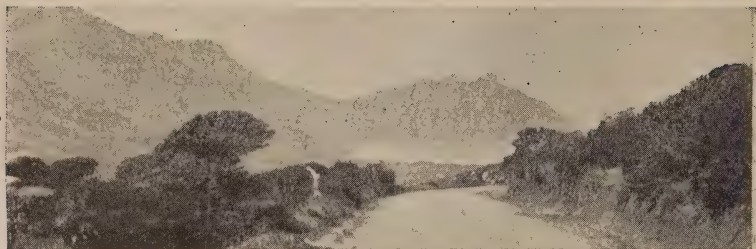
that the Muizenberg bathing, besides being naturally the best on our coast, may be enjoyed with every comfort and convenience.

Muizenberg affords, or is within easier reach of, more and greater attractions than any other holiday resort in South Africa. In from twenty-five to fifty minutes, by train, visitors at Muizenberg can enjoy any of the myriad attractions of the city, the Southern Suburbs, or the mountain; and in a little longer while they can either be in Sea Point or Camp's Bay. Or they may boat at Lakeside, within easy walking distance of Muizenberg, fish from the rocks at St. James, explore the adjoining mountains, boat at Kalk Bay, indulge in tennis, bowls or croquet at the newly instituted sports club, and visit Simonstown, the Naval Base.

The holiday at Muizenberg is an enjoyable, healthful, care-free one, diversified by a variety of Muizenberg and surrounding scenes and recreations, that are limited only to the extent of the visitor's purse, time and inclination. In short, Muizenberg is the place for all who, with the Persian, see the philosophy of making

“ . . . the most of what we yet may spend,
Before we too into the Dust descend.”





NEARING HOUT BAY.

WHEN TO VISIT THE CAPE PENINSULA.

CHAPTER X.



THE summer is, of course, the season at which the seaside is best appreciated, and it is as a summer resort that the Cape Peninsula is most popular; but there is no climatic, social or other reason why an enjoyable holiday should not be spent there during the winter, that is from April to September.

No doubt the summer is a gayer season, especially at places like Muizenberg and Camp's Bay; the surroundings are then at their best, and the weather most equable; but the Cape winter has also many attractions. Certainly it is the rainy season during which out-door excursions, particularly between May and August, must be planned subject to weather conditions, but as a rule rain seldom falls so heavily or continuously as unduly to interfere with the visitor's enjoyment. The air is not too cold, but just crisp enough to give a zest to all outdoor exercises. Days of steady rain must be expected, but as often as not the rain is showery, freshening and enlivening rather than depressing and restraining. Between the showers there are generally hours of sunshine, when jaunting is wholly delightful; and for days, and sometimes for weeks, no rain falls during the winter.

Much of the Cape foliage is not seen at its best in winter; parts of it are leafless; the ancient oak avenues, the vineyards, and the fields are stripped. But much of the foliage is ever-green. The mountain slopes, the lanes and the swards are luxuriant in winter, the gardens have still much of attractiveness, and those wonderful atmospheric effects for which the Cape is so noted are then seen at their best. Many summer attractions are lacking, but the Cape winter has attractions of its own. Surf bathing, though



not the soothing relief it is in summer from the heat, is yet pleasant and beneficial throughout the winter at Muizenberg. The theatres and concert halls are not so stuffy as in summer. Mountain, sea and woodland excursions are enjoyed under the most invigorating conditions, whilst the hotels and boarding houses are not so crowded and the scale of charges lower.

There are accordingly many reasons why those who cannot take a holiday during the summer, or whose holiday is purposely postponed to enable them to escape the rigour of the inland winter, should come to the Cape Peninsula.





RESORTS WORTH VISITING.

CHAPTER XI.



THROUGHOUT the Western Division of the Cape Province there is much, apart from the Cape Peninsula, of interest to the visitor. Climatically, scenically, agriculturally and pastorally there is an appeal about the Western Province centres such as will not be found in the drier and for the most part quite young inland centres. Places such as Stellenbosch, Somerset

Strand, Caledon, Paarl, French Hoek, Wellington, Ceres and Worcester, though not within the Cape Peninsula proper, are within easy and expeditious reach and well worth a visit.

Stellenbosch, 31 miles by rail from Capetown, was founded in 1680 and is therefore the oldest European settlement in South Africa, excepting Capetown. It is a beautiful village picturesquely situated in the vicinity of mountains, and retains in the tranquility and shady coolness of its garden-girt, oak-lined streets much of old-world charm and historic interest.

Somerset Strand, 35 miles by rail from Capetown, is a popular seaside resort situated on the side of False Bay opposite Muizenberg. The scenery is attractive. In the distance is Table Mountain and

its surrounding ranges, and, nearer by, the Hottentots Holland Mountains extend into the sea. The surf bathing at Somerset Strand is excellent, and good fishing is obtained in the vicinity.

Caledon, 87 miles by rail from Capetown, is, as a rule, visited more for the journey than the village itself. The mountain scenery *en route* is remarkable more perhaps for its stirring wild rugged majesty and fantastic almost plaintive form, than for what is usually regarded as beauty, excepting such beauty as is bestowed by fertile fields and occasional plantations.

The district is noted for its wealth of wild flowers, which however is not usually apparent from the train; and the village possesses some remarkable mineral water baths popular for diseases such as gout, rheumatism, lumbago, nervous disorders and kidney diseases.

Paarl, 35 miles from Capetown, is situated on the banks of the Berg River, which affords good fishing and bathing. Much of the best wine produced in South Africa comes from this district. The scenery is mountainous and pastoral, mountains, vineyards, trim fields and fertile valleys alternating with each other.

French Hoek, 53 miles from Capetown, is a considerable farming centre, remarkable for the excellence of the cigarette tobacco grown on the adjoining farms. The railway line passes partly along the base of the Drakenstein mountains, and enhances the interest of a journey through the district in which the French Huguenots settled.

Wellington, 45 miles by rail from Capetown, about an hour by road from Paarl, is situated at the foot of the Drakenstein mountains. The famous Bain's Kloof Pass is in the vicinity—the distance from Wellington to second toll being 14 miles, and to Darling Bridge 18 miles.

Ceres, 95 miles by train from Capetown, is noted for its picturesque scenery.

Bot River, 68 miles, is the post cart station for the seaside resorts of Onrust River, 16 miles; Hermanus, 18 miles; and Mossel River, 19 miles. A road motor service between these points has now been started by the Railway Department.



Hermanus, 18 miles (population about 1,000). Carts daily. This village (4 hotels, sanatorium) is a favourite seaside resort on the North Shore of Walker Bay.

Mossel River, $\frac{1}{4}$ hour drive from Hermanus, is rapidly rising in favour as a watering place. Good shooting, boating, fishing and bathing. The Klein River, navigable by small boats for some 4 miles, falls into a fresh water lake some $7\frac{1}{2}$ miles long by $2\frac{1}{2}$ miles broad. The surrounding country is picturesque.

THE RAILWAY JOURNEY.

CHAPTER XII.



COMFORT and convenience are the characteristics of the passenger train service to-day. The railway journey from all the principal South African centres to the Cape Province is pleasant, and if long from some places is at least a restful prelude to a holiday. Every reasonable convenience and attention is assured on the

trains. Speaking generally, the catering is second to none, the charges reasonable. Thoroughly qualified chefs and stewards are in charge of the catering arrangements. The wines and general refreshments carried are of the best. The saloons are up-to-date, the best of lavatory arrangements and in many instances shower baths being provided. Indeed from the time the passenger joins the train until he leaves it every want is catered for with an efficiency and reasonableness of charge that compares favourably with the arrangements on the best railways elsewhere. In normal times reduced railway fares periodically permit the inland resident to visit the Cape Peninsula at a cost which is only a fraction of what it was a few years ago.

The distance between Capetown and centres like Johannesburg and Kimberley is no more the bugbear it was. It has been largely annihilated by the introduction of faster and better trains. The tourist now reaches Capetown in what is comparatively a short time, and does so cheaply, yet under auspices that make the journey comfortable and even enjoyable.

RAMBLES IN THE CAPE PENINSULA.

CHAPTER XIII.

There are many interesting rambles throughout the Peninsula, amongst which the following are recommended:—

To Cape Point from Simonstown.

Time, two days.

Setting out from Simonstown with a plentiful supply of food for the trip, the coast is followed through Miller's Point (4 miles) to Smitswinkel Bay (7 miles), where the road is 450 feet above sea level. At this point the road turns inland for a few hundred yards in order to skirt the ravine. Turning off on our left we follow the road to Smith's farm (14 miles), where accommodation is obtainable, and before proceeding to Cape Point (17 miles) we may deposit the bulk of our kit if we intend to return to the farm for the night. The homeward journey may be shortened by taking the road to the left at the junction with the Smitswinkel Bay road, skirting the landward side of Simonsberg, descending to Simonstown by the Red Hill road.

Pack donkeys may be had at Simonstown.

To Groote Schuur via the Kloof Nek and the Mountain Face Road

Time, 3 hours.

Leaving Adderley Street by the Camp's Bay car we alight at the Kloof Nek and take the path leading along the face of the Mountain in the direction of Devil's Peak. Passing Platte Klip Gorge after half an hour's walk we follow the well-defined path until we plunge into a fir plantation, and continuing straight ahead enter the Groote Schuur Estate. Passing through the gate we take the sharp turn to the left, following a rough path down to the Rhodes' Memorial. A few minutes' walk from here brings us to the main road and the tram to Adderley Street.

To Noordhoek and Kommetje via Fish Hoek.

Time, one day.

Proceeding to Fish Hoek by an early train we turn to the left from the station, taking the road to the right after a walk of a few hundred yards.

Some three miles from Fish Hoek the road diverges to the right to Noordhoek and to the left to Kommetje. Noordhoek consists of a few picturesque Dutch homesteads and numerous small cottages occupied by vegetable farmers. Proceeding from the homestead in the centre of the village towards the slopes of the mountain, a walk of twenty minutes will bring us to the most extensive area of indigenous trees to be found within easy distance of Cape Town. Returning to the homestead we may continue along the road until we reach a point where the road takes a sharp right hand turn, where we continue down a bridle path leading to Chapman's beach and thence to Kommetje, a small seaside village on the Atlantic.

National Botanic Gardens, Kirstenbosch.

Visitors may reach the gardens by three principal routes :—

1. By De Waal road from Roeland Street *via* Grootte Schuur, by a singularly interesting road commanding at various points magnificent views over the Cape Flats (about 7 miles).
2. From Newlands or Claremont Station *via* Protea Road to Bishopscourt (about 2 miles).
3. From Wynberg Station *via* Wynberg Park. Beyond the Park the road runs close to the ridge and alongside "Van Riebeeck's Hedge," an old colonial boundary ; a very fine view of Kirstenbosch and the neighbouring slopes is obtained from this road.

To Camp's Bay via Constantia Nek.

Time, 6 hours.

Train to Wynberg and thence by cab to Constantia Nek. Arriving at the Nek we take the mountain path leading off on the right a little to the Hout Bay side of the Nek. In a little while we reach a barbed wire fence, and following this downwards we make for a clump of oaks. Taking the first turning of the path to the right we pass through a grove of orange trees, and coming to a thatched cottage on our right turn sharply to the left and cross the stream by stepping stones. We then follow a path leading to the left in the direction of Hout Bay, through bracken and trees along the mountain side. The path winds diagonally upwards among the boulders to Hout Bay Nek. We then follow the Victoria Road to Camp's Bay, passing *en route* Sand Bay, Hottentots Huis, Oude Kraal and Bakoven Bay.

N.B.—A variation of the walk may be made by following the road from Constantia Nek down to Hout Bay and thence by road to Camp's Bay. The distance from Wynberg to Hout Bay is 10 miles, and from Hout Bay to Camp's Bay $8\frac{1}{2}$ miles.

SUBURBAN TRAM FARES.

From	To	Fare	Time occupied
Cape Town	Sea Point	4d.	25 minutes
"	Mowbray Fountain	4d.	26 "
"	Rondebosch	5d.	31 "
"	Claremont	6d.	41 "
"	Kenilworth	7d.	46 "
"	Wynberg	9d.	58 "

SUBURBAN RAILWAY FARES.

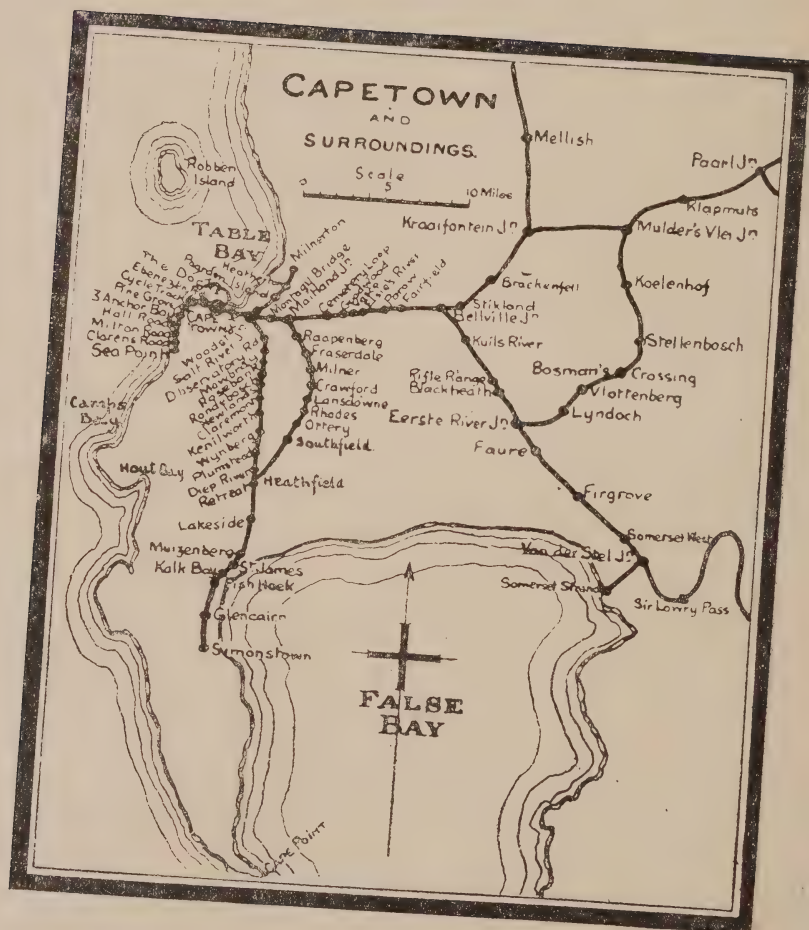
From Cape Town to	1st		From Cape Town to	1st	
	Single	Return		Single	Return
	s. d.	s. d.		s. d.	s. d.
Woodstock ...	0 4	0 5	Muizenberg ...	1 10	2 1
Salt River ...	0 4	0 5	St. James ...	1 10	2 1
Observatory ...	0 5	0 7	Kalk Bay ...	1 10	2 1
Mowbray ...	0 7	0 9	Fish Hoek ...	2 4	2 10
Rosebank ...	0 8	0 10	Glencairn ...	2 7	3 1
Rondebosch ...	0 9	0 11	Simonstown ...	2 7	3 1
Newlands ...	0 10	1 1	Koeberg Road ...	0 5	0 7
Claremont ...	0 11	1 1	Maitland ...	0 7	0 9
Kenilworth ...	1 0	1 3	Raapenberg ...	0 11	1 2
Wynberg ...	1 1	1 4	Milner ...	1 0	1 3
Plumstead ...	1 4	1 7	Crawford ...	1 1	1 4
Diep River ...	1 7	2 0	Lansdowne ...	1 4	1 8
Heathfield ...	1 9	2 1	Wetton ...	1 7	2 0
Retreat ...	1 10	2 1	Ottery ...	1 9	2 1
Lakeside ...	1 10	2 1	Southfield ...	1 10	2 1

RECOMMENDED MOTOR TRIPS IN THE CAPE PENINSULA.

ROUTE.	FARE.									Time Occupied (about).
	Number of Passengers.									
	Two.			Three.			Four.			
1. Cape Town---De Waal Drive, Kirstenbosch, Hout Bay, Camp's Bay, Sea Point ...	£2	5	0	2	10	0	2	17	6	3 hours
2. Cape Town—Groote Schuur and Rhodes' Memorial ...	1	0	0	1	2	6	1	5	0	1½ hours
3. Cape Town—Kalk Bay and back <i>via</i> De Waal Drive and Groote Schuur ...	2	2	6	2	7	6	2	11	6	3 hours
4. Cape Town — Muizenberg, Kalk Bay, return <i>via</i> Tokai and Kirstenbosch ...	2	7	6	2	12	6	2	16	6	4 hours
5. Cape Town—Muizenberg and Top of Red Hill ...	3	0	0	3	10	0	3	17	6	4 hours
6. Cape Town — Simonstown, Smitswinkel Bay, Cape Point, Red Hill ...	5	0	0	5	12	6	6	5	0	5 hours
7. Cape Town — Day Trip to Stellenbosch, French Hoek, Klapmuts ...	5	17	6	6	10	0	7	0	0	8 hours

The above Fares include one hour's waiting time except in Route 1, where half an hour is allowed, and Route 2, when any lengthy wait will be charged for.

These charges are framed in consultation with the Cape Motor Drivers' Association, and will be strictly adhered to by all drivers of cars marked T on the windscreens.



INDEX TO ADVERTISERS.

NAME.	ADDRESS.	PAGE.
Marine Hotel,	Camp's Bay	Inside Front Cover.
Marine Hotel,	Muizenberg	... 68
Caledon Baths,	Caledon	... 69
City Tramways Co., Ltd.,	Cape Town	... 71
White House Hotel,	Somerset Strand	... 72
Abegglen's Hotels,	Somerset Strand	... 72
Queen's Hotel,	Sea Point	... 73
J. Barnett & Co.,	Cape Town	... 74
St. George's Hotel,	Cape Town	... 74
Marine Hotel,	Sea Point	... 75
Lovely Llandudno,	Llandudno	... 76
Mount Nelson Hotel,	Gardens, Cape Town	... 77
Magor's Temperance Hotel,	Cape Town	... 78
Westward Ho,	Three Anchor Bay	... 78
Heynes Mathew Ltd.,	Cape Town	... 79
Wave Crest Hotel,	Sea Point	... 79
Pavilion Private Hotel,	Sea Point	... 80
Hotel Mimosa,	Sea Point	... 80
Myburgh & de Kock,	Worcester	... 81
White House Hotel,	Cape Town	... 82
Nelhime,	Three Anchor Bay	... 82
Alexandra Hotel,	Muizenberg	... 83
Worcester House,	Sea Point	... 84
Criterion Hotel,	Malmesbury	... 85
International Hotel,	Cape Town	... 86
Commercial Hotel,	Paarl	... 86
Burmester's,	Cape Town	... 88
Arthur's Seat,	Sea Point	Inside Back Cover.

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		Amount in inches.	Date.							
1916				%						
July ...	2.49	15	0.69	19th	88.387	53.0 to 55.2	54.8 to 56.2	57.8 to 59.0	180 hrs. and 2 minutes	8 hrs. and 45 mins. on 24th
August ...	5.88	17	0.85	1st	1.020	52.0 to 56.0	56.0 to 57.0	57.8 to 58.6	216 hrs. and 1 minute	10 hrs. and 30 mins. on 30th
September	1.86	10	0.44	2nd	82.000	56.5 to 59.5	57.0 to 59.8	58.2 to 60.0	212 hrs. and 37 minutes	10 hrs. and 50 mins. on 30th
October ..	0.94	7	0.52	21st	73.220	59.0 to 68.0	59.8 to 64.5	60.0 to 63.4	273 hrs. and 46 minutes	12 hrs. and 0 mins. on 27th
November...	0.46	6	0.14	22nd	90.160	67.5 to 74.5	66.0 to 70.4	63.6 to 68.0	368 hrs. and 35 minutes	12 hrs. and 10 mins. on 30th
December...	0.83	7	0.34	18th	67.700	72.0 to 79.6	71.0 to 75.0	68.0 to 71.0	327 hrs. and 41 minutes	12 hrs. and 50 mins. on 29th
1917										
January ...	0.51	2	0.33	5th	69.500	71.0 to 81.0	73.0 to 77.0	71.0 to 73.0	330 hrs. and 50 minutes	12 hrs. and 25 mins. on 9th
February ..	0.01	1	0.01	25th	73.640	77.0 to 79.8	76.0 to 76.6	73.2 to 74.0	292 hrs. and 42 minutes	11 hrs. and 55mins. on 7th
March ...	0.59	4	0.28	28th	78.420	69.0 to 77.0	71.2 to 76.0	73.2 to 74.0	270 hrs. and 51 minutes	11 hrs. and 25 mins. on 1st
April ...	1.17	10	0.22	16th	76.000	59.5 to 73.0	64.8 to 72.0	68.0 to 71.5	233 hrs. and 34 minutes	10 hrs. and 30 mins. on 30th
May .	3.83	11	0.90	22nd	84.740	55.0 to 60.5	59.0 to 64.8	63.0 to 67.8	207 hrs. and 15 minutes	9 hrs. and 47 mins. on 10th
June ..	3.87	18	0.41	18th	86.230	53.0 to 57.4	57.0 to 59.5	59.0 to 63.0	134 hrs. and 55 minutes	8 hrs. and 45 mi-s. on 9th and 20th
Year ...	22.44	108	0.90	May 22 1917	79.251	50.0 to 81.0	54.8 to 77.0	57.8 to 74.0	2,988 hours	12 hrs. and 50 mins. on 29th December

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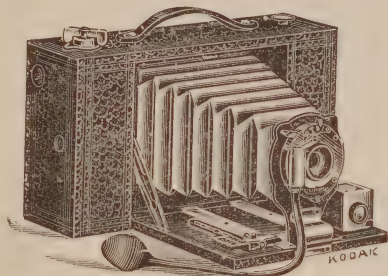
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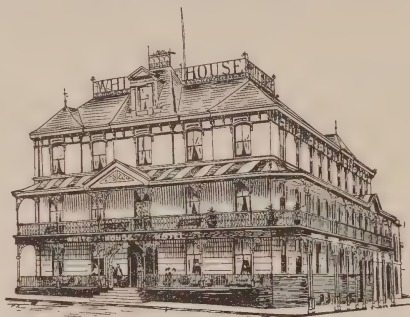
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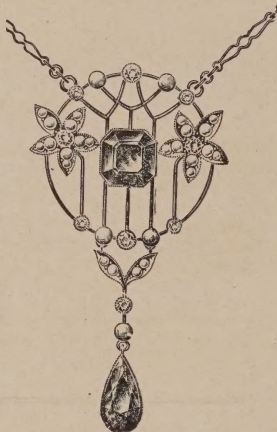
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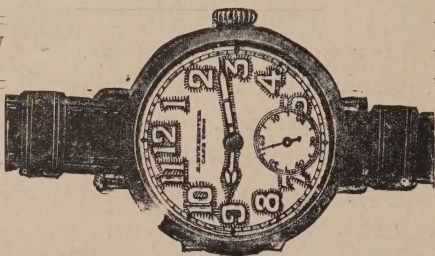
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